

GITARATTAN JINDAL PUBLIC SCHOOL

Rohini, Delhi-85

Date : 28th September' 2011

Circular No: GRJPS/2011/53

Dear Parents

Childhood and adolescence form the most joyful period of an individual's life. They are times of immense creative energy, self-discovery and exploration of the world. They can also be fraught with feelings of isolation, loneliness and confusion. This can be due to various factors relating to the physical, social, emotional, mental and spiritual well being of the younger generation. School, families and communities need to play a positive and responsible role in bringing up young children in a healthy environment which would enable each one to maximize their potential.

The school plan out a Comprehensive School Health Program which focuses on the overall well being as emotional, social and mental health of the child. **A Health Card is created for students** which would form a continuous part of their growth and development.

This is to inform you that the school is **issuing HEALTH CARD to the students**. You are requested to **fill this card through your physician in all respects** and **submit to the respective class teacher by 10th October 2011 positively**. **General physical examination will be done in school** as scheduled. This could form an effective monitoring and feedback system for the overall health of a child during his schooling.

We sincerely hope that this initiative of the school will surely benefit the students.

Warm regards

Principal

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